



North Sonoma County Healthcare District

**North Sonoma County HealthCare District**

**July 25, 2024**

**Regular Meeting of the Board of Directors**

**CALL TO ORDER**

- a. The Board of Directors of the North Sonoma County Healthcare District met in person at 1381 University Avenue, Conf. Room 1, 2<sup>nd</sup> Floor, Healdsburg, CA and via Zoom Teleconference. Chair Jim Nantell called the meeting to order at 4:00 PM.
- b. Board Clerk, Ms. Dougan called the roll. The following Board members were present constituting a quorum:

**Jim Nantell**, Chair  
**Sue Campbell**, Vice-Chair/Board Treasurer  
**David Anderson, MD**, Member at Large  
**Erin Gore**, Member at Large – arrived in person at 4:12 pm  
**Hector Galvan**, Member at Large, Participating remotely

Also present: **Richard Pio Roda, Esq.**, District Counsel

Guests: **Ben Sedillo**, Principal Advisor, AAMS  
**Stan Sattler**, Consultant, Belle Haven  
**Tami Bender**, HeartSafe Manager

Chair Nantell asked if there were any public comments. There were none.

**REGULAR BUSINESS**

**1. Consent Calendar**

- July 25, 2024 Regular Meeting Agenda
- June 27, 2024 Regular Meeting Minutes
- June 30, 2024 Financial Statements
- NSCHD Policy #16 – Grant Funding Policy

**Chair Nantell called for a motion. Director Anderson MOVED to approve the Consent Calendar. Director Galvan SECONDED the motion. The vote was as follows:**

**Vote: Anderson: Y Campbell: Y Galvan: Y Nantell: Y Gore: Absent . The motion was approved 4-0. One absent.**

**2. Discussion / Possible Action: Portfolio Review by Sonoma Wealth Advisors**

Director Nantell welcomed Mr. Ben Sedillo and Mr. Stan Sattler from Sonoma Wealth Advisors. Mr. Sattler presented an overview of the District’s portfolio, taking into account the partnership with the Healthcare Foundation pertaining to the management of the Grant monies. Mr. Sattler asked the Board if there were any particular areas of the Portfolio that he should focus on. Director Anderson inquired as to



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the amount of the fees being charged to maintain the Portfolio. Mr. Sedillo indicated that the fee is ½% of the assets managed, a quarter of the fee is charged on a quarterly basis. Key highlights from the presentation include:

- Initial investment in March of 2022 was \$4M with a 5-year maximum maturity – interest rates were down at this time
- Average duration of the bonds was 2.5 years
- To off-set the lower interest rate, longer term bonds (3, 4, 5 yrs.) were purchased
- Ultra-high credit quality has been maintained
- Portfolio started out with a 2.79% yield
- Interest rates have risen over the last two years resulting in a positive return once the bonds matured and monies reinvested
- Investments were made in taxable municipal bonds, which pay taxable interest – less volatile/risky
- Public municipality/utility bonds are also part of the portfolio which perform well as generally the public remains current on paying their utility bills
- In May of 2023, the yield was 3%; as of today, the yield is 3.92% - due in part to taking advantage of the higher interest rates
- Throughout the remainder of the year, approximately \$400-\$500K in mature bonds will be converted into cash which will be reinvested
- A large portion of the portfolio will be maturing next year (the 3-year bonds). Reinvestment of these funds will depend on the interest rate at the time
- The portfolio has had a total return of 4.73%, beating the Barclays Gov Credit benchmark of 2.82%

In Summary: the income is improving, the safety remains strong, and the portfolio has outperformed. Belle Haven's structure allows the ability to purchase bonds at a higher rate.

Mr. Sedillo presented the financial plan.

- Current Net Worth: \$4,236,983
- Main goal is to sustain Grant budget
- Cost for re-districting consultant would be included in next year's budget
- Distribution of Grant monies will occur at the beginning of each year. Director Campbell will work with Mr. Sedillo at the end of the year to determine if there is a need to liquidate investments
- Focus was based on a 30-year lifespan for the District
- Probability of success came in at 88% (80%+ is the goal)
- Sustaining the \$100K/yr grant giving efforts can be realized



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The Board thanked Mr. Sedillo and Mr. Sattler for the great job they have been doing managing the investments.

**3. Discussion / Informational / Possible Action: Presentation by HeartSafe Community Program**  
Chair Nantell welcomed Ms. Tami Bender, Healthy Petaluma HeartSafe Manager.

Ms. Bender and her HeartSafe team covers all of Sonoma County, but currently is focused on south Sonoma County. The focus is training on chain of survival: immediate activation of EMS, immediate CPR, rapid defibrillation, great post-acute care, and recovery. Focusing on the first steps, greatly increases the possibility of survival. The HeartSafe community increases the placement of AEDs and provides training which will culminate in certification in AHA CPR, which includes Narcan distribution training. HeartSafe is a Narcan distributor, and efforts are underway to label their AEDs as containing Narcan. Identifying the difference between Heart Attacks, where patients are still able to communicate, vs. cardiac arrest, where patients are unresponsive is key to which steps to take in life saving measures.

HeartSafe has registered their AED devices with PulsePoint which triggers any 911 call to inform callers that an AED is nearby. Inside each wound kit that accompanies the AED is a Narcan dispenser. Once the AEDs are in place, the HeartSafe team will track the expiration dates of the batteries and defibrillator pads and will exchange those items as part of the membership. HeartSafe AEDs have been placed in numerous Exchange Banks and schools in south Sonoma County. Additionally, three AED cabinets have been installed at local parks, providing 24/7 access to the device, which are temperature controlled and an alarm triggered, photograph taken, once the cabinet is open. Local Rotary Clubs have contributed to the cost of installing these cabinets, which is approximately \$2,300.

HeartSafe is also planning another youth Cardiac Screening and Training in February of 2025. Previous training has resulted in a few of those students saving a life and identifying several cases of compromised cardiac situations in the student participants. Cardiac Arrest occurs in youth/young adults as well. Ms. Bender asked the Board to share the information with the north Sonoma County schools to increase participation. Ms. Bender shared a financial analysis that showed the maintenance of the estimated AEDs in the Healdsburg Schools would be considerably less when participating as a member of the HeartSafe Community. Once the HeartSafe program is introduced and adopted by key organizations in the north Sonoma County area, then HeartSafe would approach the City Council to certify as a HeartSafe Community. They distribute all makes and models of defibrillators. Ms. Bender reviewed membership rates and services provided as part of that membership, including replacement parts.

The Board thanked Ms. Bender for her presentation. Ms. Bender welcomes any follow-up questions.

**4. Discussion / Informational: Update re Upcoming Election**

Ms. Dougan reminded those running for re-election to send a blank check to cover the potential cost of publishing the statement of qualifications to the Board Clerk, prior to filing the application to the County. Director Gore will follow up with Ms. Dougan. Director Anderson has already sent his check in and



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received a receipt. The filing deadline is August 9. Mr. Brian Callahan is interested in running for the open Board seat being created by Chair Nantell's departure. Director Campbell will follow-up with Mr. Callahan who is currently out of town.

Mr. Pio Roda clarified that upon the vacancy created by Chair Nantell, the District must publicly post the opening within fifteen (15) days, including notification of the Registrar of Voters. Within sixty (60) days, the District must appoint someone to the position of Chair. Since the 60 day period will encompass the Election, there would be no need to appoint someone. If Mr. Callahan is interested in joining the Board, he would need to file papers, and if unopposed, there would be no need for an election. Mr. Pio Roda asked if the proposed date of vacating the Chair position is prior to September 15. Chair Nantell responded that appointing an individual earlier may be less burdensome for the Board. It is anticipated that the next Board meeting on August 29, 2024, will be Chair Nantell's last meeting. Mr. Pio Roda will reach out to Chair Nantell regarding the timing of his resignation.

Director Gore left the meeting at 5:25 pm and joined via conference call.

#### 5. Discussion / Action: Hospital Matters

- **Community Board Meetings.**

Director Campbell reported on the Community Board meeting and provided these key takeaways:

- Joe Harrington was appointed to the Community Board.
- Healdsburg Hospital was awarded the Stroke Center Silver award from the AHA, which indicates a successful compliance rating for one year. Petaluma Valley received the Gold award (two years).
- Caregiver (excludes physicians) turnover rate decreased from 26.8% to 19.1%.
- There is a program in place for physicians to receive mental health advice over the phone 24/7.
- Ms. Wendi Thomas, the newly appointed CNO for both Healdsburg and Providence has announced her retirement effective September 1, 2024. Providence recruiters are actively looking for candidates to replace Ms. Thomas.
- Patient satisfaction rates for the Emergency Department which have always been high and are now in the red. Ms. Oxford explained that the Emergency Room Director departed prior to Ms. Oxford's appointment and staff under that Director were dissatisfied. Staff training is underway to educate ED staff on the rating process and under Dr. Diaz's leadership of both Healdsburg and Petaluma Hospitals, it is anticipated that the satisfaction rates will improve.

Ms. Oxford is pleased with how the Hospital Operations are performing. Director Anderson periodically receives positive feedback from hospital staff. Ms. Oxford will be presenting her quarterly update at the August Board meeting.

- **Quality Committee.**



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Director Campbell reported that there was no Quality Committee Meeting, therefore nothing to report.

- **Community Benefit Committee.**

6. Director Campbell reported that there was no Community Benefit Meeting, therefore nothing to report.

**7. Discussion / Action: Regarding District Housekeeping**

- **Future Agenda Items**

Director Campbell asked to assure that the Spectrum of Prevention is made part of the Grant Policy. The current revision that was voted on and approved is already included in the Grant Policy.

Discussion continued on the presentation from Ms. Bender. Director Anderson mentioned that the local wineries each have free AEDs supplied by one of the Winery Growing Associations and wondered if Ms. Bender was aware of those units. It was unclear if Narcan is made available in those AEDs. It was felt that installing the AED 24/7 cabinets would benefit the Community during the outdoor events.

For the August 29, 2024 Board meeting, Ms. Oxford and Ms. Dana Codron will be presenting. Additionally, it will be Chair Nantell's last meeting and a farewell celebration would be appropriate.

**8. Legal Report**

Mr. Pio Roda reported that his firm will be holding an AB 1234 training in August for those Board members needing to renew their Ethics Training. The date of the training will be solidified within a week. The training will be via Zoom and will be approximately two hours.

Governor Newsom issued an executive order regarding homeless encampments. Mr. Pio Roda has prepared guidance for his other clients and asked the Board if they felt this may become an issue for North Sonoma County and the Hospital. As part of the executive order, the effected community would need to provide notice to the encampment, store the property seized, and tickets/infractions can be issued with a notice to appear. Director Galvan has been implementing new rules through the Cloverdale Parks and Recreation Department, in particular to protect the children exposed to the homelessness situation in parks. Mr. Pio Roda will share the guidance document that he has prepared with the Board, forwarding the document to Ms. Dougan for distribution.

**9. Share other meetings attended by Board Member**

Director Anderson reported on the Harm Reduction Task Force meeting he attended. There will be a presentation to the SIRs (Seniors In Retirement) next week. There was also a meeting recently at the Rotary where 16 doses of Narcan were distributed. The recipients provided varying reasons for asking for the Narcan. Additionally, in working the Alliance Medical Center, a safe needle disposal receptacle will be placed outside of the Center. The receptacle is not just for narcotic drug users but also for diabetics, weight loss drug patients, etc. Dr. Anderson is planning on revisiting the issue of placing Narcan in every AED in the Community with the Healdsburg City Council.



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Director Campbell requested an update on the meetings held with the Healthcare Foundation regarding the grant giving. Director Gore who was charged with attending those meetings was no longer present to provide a report. It was requested to add a placeholder on future agendas for Director Gore to provide a report from the Foundation meetings.

Director Campbell next reported that Ms. Ramona Faith asked if she or any other member of the Board would be interested in attending the upcoming ACHD Annual Meeting, with the potential of receiving a discount from the Healthy Petaluma ACHD membership. Chair Nantell would not be a member of the Board during that time. Directors Campbell and Anderson have family obligations. When asked, Ms. Dougan shared that another Board Clerk was going to attend, and there was a particular session being held relating to supporting difficult Board meetings that Ms. Dougan was interested in learning more about. She indicated that Ms. Faith was not supportive of her attending. After further discussion, Director Campbell will inform Ms. Faith that our Board would like Ms. Dougan to attend that session, if her schedule allows. Ms. Dougan will send the ACHD Annual Meeting agenda to the Board for consideration.

Director Anderson met with Brett Shinn, Providence Philanthropy. Mr. Shinn is hoping to reach out to previous donors by inviting them to a lunch meeting, in an effort to renew interest in donating to the Hospital and inform them on the improvements Providence has made to the hospital to date. Director Campbell shared that there was discussion at the Community Board Meeting regarding the governance of the philanthropy component of Providence Healdsburg Hospital, and that the Community Board under their bylaws had oversight to those activities. Currently Mr. Shinn's activities are currently not monitored by the Community Board.

Additionally, at the Community Board Meeting, Director Campbell reported that Hospital signage was in the process of being changed to make the Providence name more prominent. The Community Board requested that the design be reviewed first by the Community Board.

**10. Consideration of Materials Disseminated by Board Members**

There was none.

**11. Adjournment**

Chair Jim Nantell adjourned the meeting at 6:01 PM.