

**North Sonoma County HealthCare District**  
**August 31, 2023**  
**Regular Meeting of the Board of Directors**

**CALL TO ORDER**

- a. The Board of Directors of the North Sonoma County Healthcare District met in person at 1381 University Avenue, Conf. Room 1, 2<sup>nd</sup> Floor, Healdsburg, CA and via Zoom Teleconference. Chair Jim Nantell called the meeting to order at 4:12 PM.
- b. Chair Nantell called the roll. The following Board members were present constituting a quorum:

David Anderson, MD, Member at Large  
Sue Campbell, Board Treasurer (via Zoom)  
Erin Gore, Member at Large  
Jim Nantell, Chair  
Hector Galvan, Member at Large

Absent:

Also present:                   Jade Weymouth, La Familia Sana  
                                      Jeff McGee, Healdsburg Police Department  
                                      Richard Pio Roda, Esq., District Counsel  
                                      Dr. Jed Weissberg

Chair Nantell called for conflicts on the agenda items listed below. There were none. Chair Nantell then opened the floor for members of the public to comment on open session, non-agendized items. There were no members of the public present to comment.

**REGULAR BUSINESS**

**1. Consent Calendar**

- **August 31, 2023 Regular Meeting Agenda**
- **July 27, 2023 Regular Meeting Minutes**

Director Nantell called for a motion. A Motion was made by Director Anderson to approve the Consent Calendar. Director Gore seconded the motion. Director Nantell called for a vote by show of hands, which was as follows:

Vote: Anderson:   Y   Campbell:   Y   Galvan   Y   Gore:   Y   Nantell:   Y   The motion was approved 5-0.

**2. Discussion: La Familia Sana, Cloverdale, Emergency Department Presentation**

Ms. Jade Weymouth shared how La Familia was established as a result of the need realized that came out of the Kincaid fire where disaster relief measures were hampered due in part by lack of interpreters. The program was instrumental in providing Covid vaccinations to over 1200 individuals. Ms. Weymouth showed a video highlighting the services offered by La Familia Sana. Operating funds that were received philanthropically are running dry, funds that assisted families that could not afford their rent or pay utilities. La Familia Sana works closely with Nuestra Comunidad to provide support for the whole family focusing on health and wellness including mental health.

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Initial funding for these organizations originated from NSCHD which created the Health Care Fund. Monies were distributed to the organization On the Margins, which in turn provided resources for La Familia Sana and Nuestra Comunidad. La Familia Sana provides outreach services to families, where Nuestra Comunidad holds focus groups for families in need.

Ms. Weymouth feels that the Cloverdale community would benefit from a Family Resource Center where the two organizations would be accessible in one location, and large enough that outside organizations such as Catholic Charities would come in and provide counseling, providing aide. Alexander Valley Health Clinic is aligned with the need to expand the services, in particular engaging Community Health Workers, to those in need in the Cloverdale community and beyond.

The Cloverdale City Council will hold a meeting on October 11, 2023, at 6:00 pm where a proposal will be presented by key representatives of each group. Director Gore will be present for the discussion and encouraged any Board member interested in attending to please do so. Directors Nantell and Anderson expressed interest.

Director Anderson asked for clarification on how funding has been received. Director Gore responded that primarily micro-grants were received.

**3. Discussion: Presentation by Healdsburg Police Department, Harm Reduction Task Force.**

**Topic: Mental Health and Opioid Crises**

Director Anderson introduced Jeff McGee, Social Services Core Team Leader for the Healdsburg Police Department. The NSCHD granted \$8,000 in support of this Team with great results. Mr. McGee shared the type of services offered, supporting community individuals in need of immediate mental health care, homelessness support, etc. Mr. McGee has been called upon when certain individuals that have benefited from his help in the past need follow-up attention, at times providing needed resources. Director Gore asked how he is able to gain access to so many agencies that help these community members. Mr. McGee has established a wide network of large agencies that points to smaller more focused agencies that provide specific care.

Director Anderson shared there will be an event called Reach for Home on October 5 or 6 where some front-line workers will be providing training on dispensing Narcan for individuals that have overdosed on Fentanyl. It is anticipated that this event will draw large crowds and incentives will be given to attract attention to the event. Board members suggested other venues that would benefit from such training, such as the Farmer's Market, Music in the Park, Halloween event at the Citrus Fair, and the Christmas walk.

The Board asked what the greatest need is currently. Mr. McGee responded that being able to provide a safe-place, 5-beds, where community members challenged with mental health issues or dementia can receive immediate care. The Board thank Mr. McGee for the impact he is making in the Healdsburg community.

**4. Discussion / Possible Action: Audit Update**

Mr. Rick Johnson, an Auditor chosen by the Finance Committee reviewed the Audit that was provided in the Board Packet. The review focused on 2022. The Balance sheet was described as straight forward.

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Director Gore suggested that a statement be added to the Summary suggesting that the Strategic Plan and results therefrom will impact the finances going forward, including the changes in the Parcel tax collected. Director Gore offered to provide language to Director Campbell and Mr. Jackson. The Audit, with the added language, will be reviewed at the September meeting for approval.

**5. Discussion / Possible Action: Strategic Plan – discuss approach going forward to future work on the District’s Strategic Plan**

Director Gore left the in-person meeting at 5:43 pm and joined via conference call. Director Gore asked the Board how they wanted to proceed with drafting the new Strategic Plan, with options to repeat what was agreed to in the past, or to present three pillars of focus, including mental health access, taking into account how the Health Care Foundation determines their distribution of funds. The Board commented that it was anticipated that during the September Board meeting, Windsor Wellness’s needs will be presented which may present an additional opportunity to contribute to the effort if found acceptable. Director Gore will provide an overview of what was done historically, provide a new proposal (three pillars), as well as provide Director Galvan specific background information with regards to strategic planning.

**6. Discussion / Possible Action: Regarding District Housekeeping**

• **Future Agenda Items**

- i. Foundation’s work on Windsor Wellness and approval of 2022 Audit (September 28, 2023 Meeting).

Nothing additional was discussed.

**7. Discussion / Possible Action: Financial Matters**

• **Review July 31, 2023 Financials**

Director Campbell walked the Board through the new Budget to Actual report. Of note, is that the receivable from parcel tax was \$8,000 less than the previous year. Director Campbell commented that organizations opted not to pay and the Board could determine if collection procedures should be undertaken. Nathan Oliver may be instrumental in evaluating the accuracy of the list of debtors. Chair Jim inquired as to the annual budget which was reported was between \$200-\$250,000. Director Anderson requested clarification on the \$50,000 which was categorized as ‘Bad Debt.’ It was determined that the amount equated to the loan write-off to the Alexander Valley Clinic.

**8. Legal Report**

• **Update on any new legal matters**

District Counsel Richard Pio Roda indicated he had no new legal matters to report. Mr. Pio Roda will be providing a summary at an upcoming Board meeting of activities discussed at Health District Board Conference in Tahoe.

**9. Discussion / Action: Hospital Matters**

- **Community Board Meetings**
- **Quality Committee**

Director Campbell that the Stroke program at the Healdsburg Hospital was recertified, additionally the Emergency Department (ED) achieved a rating of ‘best satisfaction’ in all of the Providence network, and

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will begin to oversee the ED at Petaluma Valley Hospital. EPIC will go-live at Healdsburg Hospital on September 2, 2023 and will allow Primary Care physicians who have EPIC experience to easily work at the hospital. EPIC allows for automated quality reports and provides synergy with Alliance Medical Center.

**10. Adjournment**

Chair Jim Nantell adjourned the meeting at 6:07 PM.